



Dear Parents and Carers,

Welcome back. I hope you all had a lovely half term break. Unbelievably, we are already halfway through the academic year! The next couple of months are looking busy, so please do check our diary dates and school calendar.

I would like to thank all of those parents who attended parents evening. We really value working in partnership to ensure your child's learning journey at Lapal is successful.

Mrs J Turner
Headteacher

Competitions

This term Year 3 and 4 have entered a Maths Championship. The children competed extremely well and completed a range of problem solving activities. Overall, they finished in 3rd place.

On Tuesday 26th February 2019, 6 of our amazing year 5 and 6 mathematicians went to Belle Vue Primary School to take part in a maths competition. They answered a range of quiz questions such as Target 24 and countdown. The children finished 4th in the competition.

Attendance for this month

1B	92.98%
1G	96.55%
2H	96.70%
2SW	97.26%
3D	98.85%
4H	96.67%
4R	97.58%
5G	97.38%
6C	95.97%
6G	97.78%
RH	95.50%
RS	95.78%

Well done to 3D for the best attendance this month.

Uniform Reminders

Please can we remind you:

All pupils **MUST** wear a school tie.

Children should be wearing black school shoes.

Trainers and boots are not permitted.

Children should not wear large hair accessories/bands for example "Cat ears" as these are not part of school uniform.

Diary Dates

March

Friday 15th
1G Class Assembly

Friday 29th
EYFS Mothers Day Assembly
(9:00am)

April

Tuesday 9th
KS1 Easter Service

Wednesday 10th
Parents Open Evening (3:15 pm
to 4:15pm)

Thursday 11th
Easter Mini Market (pupils only)

Friday 12th
Children Finish for Easter

Monday 29th
Children Return to school

May

Thursday 2nd
Polling Day - School Closed to pupils

Monday 6th
May Day - School Closed

Tuesday 7th
Y2 SATS for the duration of May

Friday 10th
4H Class Assembly

Monday 13th
KS2 SATS Week (Y6)

Wednesday 22nd
Pioneer Parents Meeting

Thursday 23rd
School Disco

Friday 24th



Lapal

Primary School

Newsletter

February 2019

EYFS

Reception had a wonderful time on their first ever trip to Little Owl Farm. They fed piglets, held a chinchilla and watched a sheep race! The sun was shining all day and we were so proud of reception's amazing behaviour. They just had an super day!



British Heart Foundation

One of our Year 6 pupils decided that throughout February she was giving up chocolate (part of her staple diet!) for British Heart Foundation. She did this on her own and stuck to it for the whole month.

She has raised over £400 - an amazing achievement that everyone is very proud of!

On Friday she had a treat and celebrated with her first bit of chocolate for a month.



The Gadget Show

An exciting day was had by our Digital Leaders when the Gadget Show visited to film ready for their next series. Presenters Jon Bentley, Georgie Barrat and Ortis Deley along with Mr Rizzo and our Digital Leaders were looking at various coding kits and how they can be used in the classroom environment.

The presenters provided some lovely feedback about our pupils and school. Well done, we were really proud of everyone.

We will keep you posted on the shows air date.





As mentioned in my previous newsletter we continue to focus on "Healthy: Inside and Out". Please see below for ideas to support this theme at home during March.

ACTION CALENDAR: MINDFUL MARCH 2019

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY** **SUNDAY**

"The best way to take care of the future is to take care of the present moment" - Thich Nhat Hanh

4 Stay fully present while drinking your cup of tea or coffee	5 Every hour simply take three calm breaths in and out	6 Eat mindfully. Appreciate the taste, texture & smell of your food	7 Listen to how you speak to yourself. Try to use kind words	8 Look around and spot 3 things you find unusual or pleasant	9 Listen to a piece of music without doing anything else	10 No plans day. Slow down and let spontaneity take over
11 When someone is speaking, take a full breath before you reply	12 Feel the cool of a breeze or the warmth of the sun on your face	13 Stop, breathe and just notice. Repeat regularly during the day	14 Enjoy doing any chores or tasks more mindfully today	15 Take an unusual route and notice what looks different	16 If you find yourself rushing, make an effort to slow down	17 Have a device-free day and enjoy the space it offers
18 Do something creative that absorbs your attention	19 Listen deeply to someone and really hear what they are saying	20 International Day of Happiness! Focus on what makes you happy	21 Notice when you're tired and take a break as soon as possible	22 Stop to just watch the sky or clouds for ten minutes today	23 Bring to mind all the people you love and care about	24 Make a list of amazing things that you take for granted
25 Mentally scan down your body and notice what it is feeling	26 Tune in to your feelings, without judging or trying to change	27 As you walk, notice the sound of each step and how it feels	28 Stop work earlier and use the time to be still and relax	29 Appreciate your hands and all the things they enable you to do	30 Notice the joy to be found in the simple things of life	31 Go nature spotting today. Even in a city, life is all around

ACTION FOR HAPPINESS www.actionforhappiness.org

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Safeguarding

If you are concerned about a child then please contact our designated safeguarding lead who is Mrs Turner, or our deputy safeguarding leads who are Miss Tolley and Mrs Atkinson

Safeguarding is the responsibility of us all. If we are concerned about a child we have a duty to contact Children's Service, if you are concerned about a child, outside school, then you can call 0300 555 0050 with your concerns and seek advice. Our safeguarding policy can be found on our school website.