



Dear Parents / Carers,

As mentioned in my update on Friday, this week is Children's Mental Health Week. The Duchess of Cambridge, Patron of Place2Be, has sent a message of support encouraging children and parents to find ways to share their thoughts and feelings, particularly during such a challenging time.

The theme of this year's Children's Mental Health week is 'Express yourself'. Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good. Why not 'express yourself' and send us a photograph of something that you enjoy doing, a creative activity that makes you feel good or a picture of yourself feeling great and just being you! By sending your picture in, you are giving us permission to share it on our school google classroom/the school website as we will make them into a montage.

Email us your photographs by 9am on Monday 8th February to [technical\\_support@lapal.dudley.sch.uk](mailto:technical_support@lapal.dudley.sch.uk) with the subject titled as wellbeing photo.

Our newsletter this month contains work taking place at home and in school. Well done everyone, for continuing to work hard and fulfil our values of perseverance and excellence.

Kind regards  
Mrs Turner

### A big Welcome to Mr Woodfield!

We would like to welcome Mr. Woodfield to our team. Mr. Woodfield joined us at the beginning of January and is our new Upper Key Stage 2 Leader and Year 6 teacher

#### Diary Dates

##### Half term

23<sup>rd</sup> October - 3<sup>rd</sup> November

##### Term ends

17<sup>th</sup> December

##### Spring 2021

##### Term starts

4<sup>th</sup> January

##### Half term

12<sup>th</sup> February - 22<sup>nd</sup> February

##### Term ends

31<sup>st</sup> March

##### Summer 2021

##### Term starts

19<sup>th</sup> April

##### Half term

27<sup>th</sup> May - 7<sup>th</sup> June

##### Term ends

21<sup>st</sup> July

##### Other closure dates

May day 3<sup>rd</sup> May

Election 6<sup>th</sup> May

##### INSET DAYS

Monday 2nd November

Friday 22nd January—Cancelled

Thursday 1st April—New Date

Friday 28th May—TBC

## Reception

This half term, Reception children have enjoyed learning about People Who Help Us. They have used their art and construction skills to create emergency vehicles which are now proudly displayed in our art gallery.



Congratulations to Ava of RH who has joined her local Rainbow group this month. She has been confidently attending virtual sessions, making new friends and having lots of fun!

## Year 1 & 2



Our kindness award goes to Samuel Cannon-Price. Samuel and his mummy helped the paramedic to shovel snow and clear a pathway so the paramedics could carry their patient to the ambulance safely. What a superstar! Fantastic teamwork, well done to all.



A special well done to Olivia Sargent who has been completing activities towards the 'helping hands' and 'family



# Key Stage One Wellbeing Warriors

## Year 1

# G

Give something back

### Luca Rodgers gave a wave!

While out on a walk, Luca waved at a lady and made the lady smile. Well done, Luca! Waving and smiling at somebody can make their day.

# R

Relate to other people

### Charles Scott became a big brother!

Last week, Charles welcomed his little brother into the world. Thank you for sharing your video with us, Charles. We can already see that you are a super big brother.

# E

Exercise your body

### Indoor obstacle course

The children in year one have been busy creating and completing an indoor obstacle course. Well done, everyone!

# A

Appreciate your world

### 'Snow much fun!'



All of the children enjoyed the snow last week. One of our Year 1 pupils built an igloo and practised spelling some of the year one tricky words by writing them in the snow:

A superb igloo. Well done!

# T

Try something new

### Makaton

The children in year one have been learning some makaton signs. The children are now able to sign the alphabet in makaton. That's a fantastic achievement, well done, year one!

## Year 2

### Sophie Anderson celebrated her birthday in style, safely!

Sophie delivered birthday goodie bags to her friends and held her birthday party virtually on Zoom. The children enjoyed playing lots of games together!

### Emily Harris spreads a little joy through letter writing.

Emily has been busy writing and posting letters to her friends this week. I'm sure your letters will put a big smile on your friends faces. What a lovely idea! Well done, Emily.

### 25 mile bike ride

Wow! A big well done to Oliver Aldridge who has been clocking up the miles on his daily bike rides. He has travelled 25 miles altogether. Well done, Oliver!

### 'Snow much fun!'

In school, the children in our year two bubble built their very own hungry caterpillar.



### Origami

The children in year two have been building their resilience and perseverance whilst practicing mindfulness this week. They took on the origami challenge. Here are some of their creations:



We made a dog, fish, ice cream and a chatter-box.

## Year 3

As part of our History unit we travelled back in time to research the Romans. An important part of the Romans was their army and the trained soldiers. The children combined their historical knowledge and research to draw their own Roman soldiers. They included key features such as the Scutum (shield), Cassis (helmet) and the Gladius (sword). Below are a few examples of the fantastic work produced.



## Year 4

The year four children have been on a couple of virtual holidays this half term! We miss going on holiday! This has helped us create non-fiction holiday brochures on a specific destination. As part of our virtual holidays we completed some food tasting based on our destination. Lots of families got involved and had it for their dinner! De-licious! Our 'cuisine' vocabulary was much richer after this experience. This is not just food...This is holiday food.

### Italian Experience Menu

**Cheese pizza** – freshly baked, topped with delicious stringy cheese.

**Pepperoni pizza** – freshly baked, topped with the finest pepperoni and juiciest tomato sauce.

**Olives** – mild and fruity flavour with a crisp texture, drizzled in Italian extra virgin olive oil.

**Mozzarella Cheese** – succulent and mouth watering.

Red onion and fontal cheese pantola – beautiful and crispy stone baked bread.

**Macaroni Cheese** – free range egg pasta, blended with tasty, tangy cheese with a golden, crispy topping.

**Tiramisu** – luxurious coffee-soaked biscuit, topped with mascarpone and marsala wine cream.

**World-famous and critically acclaimed food critic, Pupil in Year 4 chose the cheese pizza as his favourite dish however he wasn't too keen on the tiramisu.**

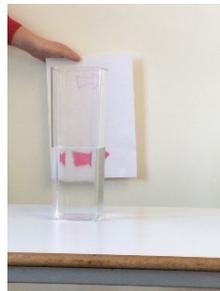
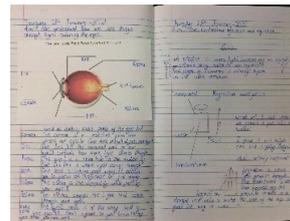
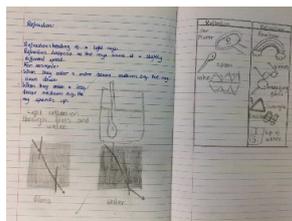


## Year 5 & 6

Year 5 and 6 have begun listening to 'Earth' composed by Hans Zimmer. The music is written in the style of a sound track for a film. We discussed what the music meant us. It evoked many different feelings and emotions as we were moving through space, getting closer and closer to the Earth as the music builds up. Our task was to create a picture of the earth that the music made us think of. Next week we will be collecting Sound Samples to add into Hans Zimmer's composition.



Our Science topic is Light. As well as learning about parts of the human eye and how it works, we have also learnt about reflection and refraction of light. We were fascinated by what we saw in the investigations we completed. Because of how light travels through water and transparent objects we were able to bend a pencil and a spoon! We even managed to turn arrows around without touching them!



## Lapal Superstar Reaching Out to Help the Homeless



Every week, a dedicated group of volunteers from the Halesowen area come face to face with the growing problem of homelessness in the pandemic. The Reach Out Birmingham volunteers nearly all live in Halesowen, Cradley or Colley Gate, but it's the centre of Birmingham they go to every weekend because that's where the homeless congregate.

One of our superstar pupils in year 3, along with her family, is supporting the local group to provide food, clothes and toiletries which they deliver weekly. She has become quite the expert ham sandwich maker and sampler. Well done, we are so proud of you.

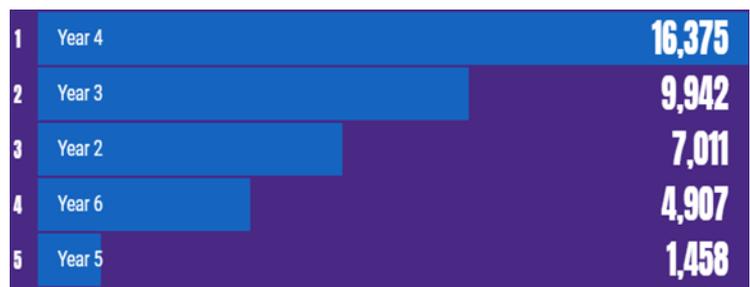


A big well done to everyone who has taken part in our TTRS battles. Please find the winners from our most recent battle of bands in the table below:

| Group   | V<br>s | Group                                   |
|---|--------|---|
| <b>Year 2<br/>Girls</b><br><b>3,942</b><br>    |        | <b>Year 2<br/>Boys</b><br><b>3,872</b>  |
| <b>3D</b><br><b>11,001</b><br>               |        | <b>3R</b><br><b>7,950</b>               |
| <b>Year 4<br/>Girls</b><br><b>18,160</b><br> |        | <b>Year 4<br/>Boys</b><br><b>13,281</b> |
| <b>Year 5<br/>(5G)</b><br><b>10,272</b><br>  |        | <b>Year 6<br/>(6C)</b><br><b>21,351</b> |
| <b>Year 6<br/>6C</b><br><b>28,636</b><br>    |        | <b>Year 6<br/>6A</b><br><b>25,237</b>   |

### Rockstar Leaderboard

Our little rockstars in years 2, 3, 4, 5 and 6 continued to play over the festive period, there really is no stopping them!



A big well done to the rockstars in year 4, you are at the top of our leaderboard with an impressive 16,375 points. Well done!

A special well done to the following children for achieving first, second and third place in the battle:



# TOP SPELLING GROUPS

## Top Spelling Groups:

| GROUP                        | SCORE      |
|------------------------------|------------|
| 6A                           | 66,193,462 |
| Miss Holden's Spelling Group | 37,872,479 |
| 3D                           | 29,825,898 |
| 3R                           | 26,383,821 |
| 4H                           | 23,518,008 |
| 6C                           | 19,302,296 |
| Mr Rizzo's Spelling Group    | 15,365,932 |
| 5G                           | 15,206,159 |
| 4W                           | 9,317,515  |
| 2G                           | 7,179,516  |

## Individuals:

|     |  |                      |
|-----|--|----------------------|
| 1.  |    | Ainsley Terranova    |
| 2.  |    | Robyn Sabinus        |
| 3.  |    | Merit Vitalia        |
| 4.  |    | Everest Barthomeloi  |
| 5.  |   | Brett Brackins       |
| 6.  |  | Shay Hesketh         |
| 7.  |  | Finn Minou           |
| 8.  |  | Perrie Tomarken      |
| 9.  |  | Jamie Bellard        |
| 10. |  | Kingsley Fitzmaurice |

## Safeguarding

If you are concerned about a child then please contact our designated safeguarding lead who is Miss Tolley, or our deputy safeguarding leads who are Mrs Turner and Mrs Atkinson.

Safeguarding is the responsibility of us all. If we are concerned about a child we have a duty to contact Children's Service, if you are concerned about a child, outside school, then you can call 0300 555 0050 with your concerns and seek advice. Our safeguarding policy can be found on our school website.